

# YOUTH SERVICES GUIDE

Need help? There are heaps available!

## INDIGENOUS SERVICES

Name	Contact
CatholicCare Wilcannia Forbes (Aboriginal Families as Teachers Program)	6850 1777
Binaal Billa Family Violence Prevention Legal Services (FVPLS)	6850 1234
Holistic Avene Inc	0407 127 711
Sista Girls Aboriginal	0402 758 078
Weigelli/Orana Haven Hub Project	6872 1360
Yoorana Gunya Family Healing Centre Aboriginal Corporation	6850 1222

## DISABILITY SERVICES

Name	Contact
All About You – It's Your Life	0421 255 289
Aruma	1300 538 746
Best Life Living	0432 674 388
Currajong Disability Services	6863 4713
Flourish	1300 779 270
National Disability Coordination Officer Program	0458 489 597
OCTEC	6851 6966
Sureway Employment and Training	1300 787 392

## EMERGENCY SERVICES

Name	Contact
Police	000
Fire Brigade	000
Ambulance	000
SES	132 500

## CRISIS SUPPORT SERVICES

Name	Contact
CatholicCare Wilcannia Forbes (Family Mental Health Support, Specialist Homelessness Service)	6850 1777
Domestic Violence Hotline	1800 656 463
Forbes St Vincent De Paul	6851 4285 or 6852 1865
CatholicCare Wilcannia Forbes (Forbes Womens Refuge)	6850 1777
Havannah House	6852 1366
Kids Help Line	1800 511 800
Lifeline	13 11 14
Link2Home Homelessness	1800 152 152
Central West Women's Domestic Violence	1300 384 357
Benevolent Society (Brighter Future Central West Program)	1800 236 762
Rape Crisis Center	1800 424 017
Sexual Assault services	1800 823 040 or 6369 3000
Uniting Burnside Orange (Youth Hope Program)	1800 864 846

## LEGAL SERVICES

Name	Contact
LawAccess	1300 888 529

## LGBTQIA

Name	Contact
Twenty Ten Counselling Service	1800 652 010

## EMPLOYMENT AND TRAINING SERVICES

Name	Contact
OCTEC	6851 6966
Sureway Employment and Training	1300 787 392
Tafe NSW	6853 9100
Verto	1300 483 786

## HEALTH SERVICES

Name	Contact
Alcohol and other Drug Information Line	1800 422 599
Cannabis Clinic	1300 663 433
Forbes Community Health	6850 7100
Forbes Women's Health Clinic	6850 7300
Orange Sexual Health Unit	1800 816 925
Medicine and Mind	5971 0201
Yoorana Gunya	6850 1222

## MENTAL HEALTH

Name	Contact
Benevolent Society – Rural Youth Mental Health	1800 236 762
Beyond Blue	1300 224 636
Child and Adolescent Mental Health (Forbes Hospital)	6863 7404
CatholicCare Wilcannia Forbes	6850 1777
Headspace (eheadspace)	1800 650 890
Headspace Dubbo	5852 1900
Kids HQ	6361 7557
Mental Health Hotline	1800 011 511
Rural Adversity Mental Health Consultant (RAMHP)	6340 3300

## VOLUNTEERING SERVICES

Name	Contact
Forbes Business Chamber	0407 380 936
Forbes Leos Club	0419 463 803
Forbes North Schools as Community Centres	6852 3008
Forbes Youth Action Team	6850 2300

## OTHER SERVICES

Name	Contact
Emergency and Water Ombudsman NSW (EWON)	1800 246 545
Benevolent Society (ReachOut Parent Coaching, Kids in Focus)	1800 236 762
Boys to the Bush	0417 219 120
CatholicCare Wilcannia Forbes (Financial Counselling, Men and Family Relationship Services, Targeted Earlier Intervention Program)	6850 1777
Forbes Bland Home Modifications and Maintenance Service Inc	6852 4388
Interrelate	1300 473 528
Lifeline Central West	1300 798 258
Migrant and Refugee Support Service	6393 8625
Mission Australia	1800 888 868
Neighbourhood Central Family Support	6862 1872
South West Tenancy Advice Service	1300 4 VERTO